WAS I EXPOSED TO CORONAVIRUS (COVID-19)?

Practice good hygiene and take everyday precautions:
- Wash your hands.
- Don’t touch your face, eyes, or mouth.
- Avoid sick people.

Have you been in prolonged direct contact with someone diagnosed with COVID-19 OR have you traveled to a country the CDC identified as high-risk?

YES WITH SYMPTOMS
- Contact your healthcare provider.
- Stay home except to get medical care.*
- Separate yourself from other people and animals in your home.*
- Avoid sharing personal household items.
- Practice good hygiene.

YES WITHOUT SYMPTOMS
- Contact DC Health.
- Stay home except to get medical care.*
- Separate yourself from other people and animals in your home.*
- Avoid sharing personal household items.
- Practice good hygiene.

*For a period of 14 days from the date of direct exposure.
WAS I EXPOSED TO CORONAVIRUS (COVID-19)?

Have you been in prolonged direct contact with someone diagnosed with COVID-19 OR have you traveled to a country the CDC identified as high-risk?

Practice good hygiene and take everyday precautions:
- Wash your hands frequently
- Don’t touch your face, eyes, or mouth
- Avoid sick people

Contact your healthcare provider. Stay home except to get medical care.** Separate yourself from other people and animals in your home.** Avoid sharing personal household items. Practice good hygiene.

Contact your Local Health Department Stay home except to get medical care.** Separate yourself from other people and animals in your home.** Avoid sharing personal household items. Practice good hygiene.

More info at: www.cdc.gov/COVID19

*Per the CDC, Symptoms include: Fever, Cough, Shortness of Breath

**For a period of 14 days from the date of direct exposure